Graph of the Week **Name**_____

March _____ **2025**

Analyze the graphs below and write a reflection on what you think the graphs are communicating to you. To guide you with your response, start with some observations.

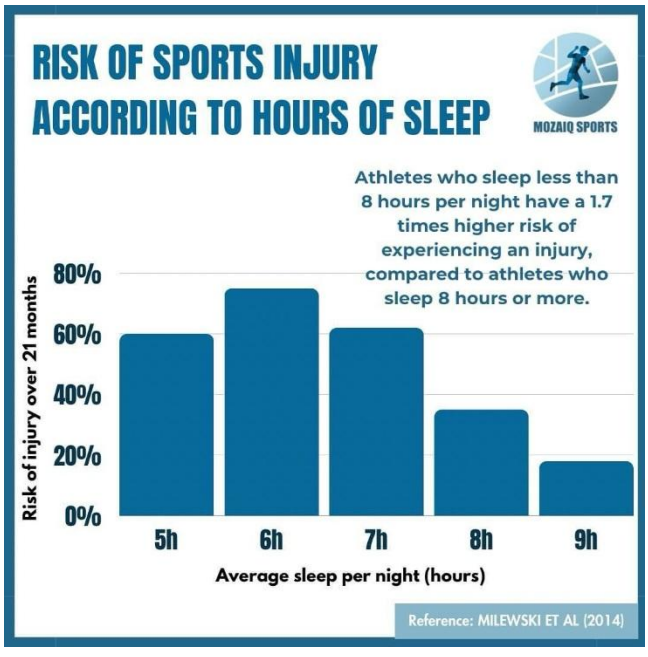
- What is the topic of the graph?
- What quantities are being compared?
- What are some observations that you can make based on the graphs?
- What surprises you about the graph? What do you wonder?
- What do you foresee happening in the next 10 years?

Questions to ask when reading graphs:

- Is there an upward or downward trend?
- Are there any sudden spikes in the graph?
- What is being compared in the graph?
- What prediction can I make for the future?
- What inferences can I make about the graph?

The range of recommended hours of sleep decreases as people age.

Recommended hours of sleep per day, 2022

For ages 4 months to 5 years, the recommended ranges includes naps. For ages 18-60, no upper range is provided.

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