Graph of the Week

November_____, 2018

Analyze the graphs below and write a reflection on what you think the graphs are communicating to you. To guide you with your response, start with some observations.

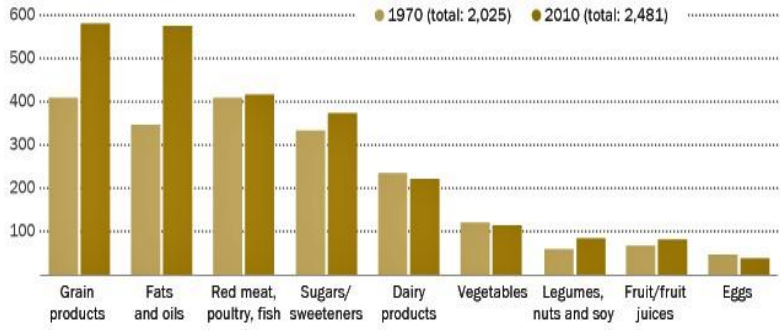
- What is the topic of each graph?
- What does the x-axis represent? What does the y-axis represent?
- What are some observations that you can make based on the graph?
- What do you foresee happening in the next 10 years?

Questions to ask when reading graphs:

- Is there an upward or downward trend?
- Are there any sudden spikes in the graph?
- What is being compared in the graph?
- What prediction can I make for the future?
- What inferences can I make about the graph?

Modern American diet has gotten bigger, heavier on grains and fat

Average daily per capita calories



Note: "Fats and oils" includes butter, cream and other dairy fats. Figures adjusted for spoilage and other losses.
Source: USDA Economic Research Service; Pew Research Center analysis

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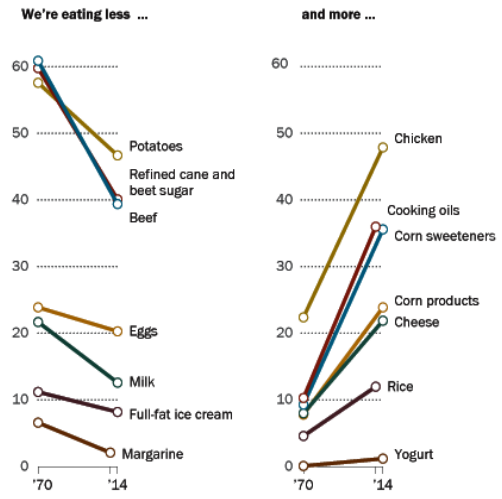
How the American diet has changed since 1970

Average annual per capita availability, in pounds



Note: Figures adjusted for spoilage and other losses. Milk and yogurt are measured in gallons. Most recent available year for "cooking oils", "rice" and "margarine" is 2010. "Potatoes" includes fresh, frozen, dehydrated, canned, shoestring and chips.
Source: USDA Economic Research Service; Pew Research Center analysis

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